

## LESSON 4 THE SPOKEN WORD

### LIFE AND DEATH ARE IN THE POWER OF THE TONGUE

Good most of the first section.

...Not that which enters into the mouth defiles the man, but that which comes out of the mouth” (Matthew 15:11)

### EVERY IDLE WORD GIVES ACCOUNT IN THE DAY OF JUDGMENT

Also Jesus...”and I say unto you that every idle word that men shall speak, they shall give account thereof on the day of judgment. For by your words you shall be justified, and by your words you shall be condemned” (Matthew 12:36).

We are not talking about a point in time. The day of judgment refers to a point of reckoning, the reckoning process of the law. The day of judgment is constant because law is inexorable in its results. Every day is a day of judgment, and every day is a day of salvation...You get the results in body and affairs of the words that you have idly spoken.

### OVERLOOKING THE MATTER OF SPEECH

Read first para

Your subconscious mind cannot tell the difference between your causal words and your casual words or your causal thoughts or your casual thoughts...the subconscious mind can't take a joke and it somehow registers this consciousness and it assumes this is a serious projection of positive power expressed in a negative way.

Jesus says we will give account in the reckoning process of law for every word, even idle words...(read on) Practical metaphysics means the practice of metaphysics, practicing every moment of your life. With all the words that we speak, even the idle words, Jesus said, we give account for.

### THE CREATIVE POWER OF THE SPOKEN WORD

People are creative creatures...the cutting edge of this creativity, the cutting edge of this whole involvement in metaphysics, is the power of the spoken word. Emerson tells us, “Man is an inlet and may become an outlet to all there is in God.” *All there is in God*. More than we know, we embody the divine essence, the whole creative power of the universe, through our words, through the consciousness in which we express ourselves.

“The word is very nigh unto thee, in thy mouth, and in thy heart that thou mayest do it” (Deuteronomy 30:14)...this word, in terms of the metaphysical aspect of the biblical teaching, is the creative *logos*. The creative *logos* create us and creates through us. It is the one. It is the infinite eye.

“Hear, O Israel; the Lord our God is one”..one God,one Lord, one power, one presence, one force, one dynamic activity. This is the fundamental unity realization that we find way back in the time of Pythagoras. The Pythagorean system of mathematics deals with the idea that all numbers are reversible. They precede from unity and they're resolvable back into unity. They all come out of one and they're all resolvable back into one. It has been said that if we had a full

knowledge of the One, of this unity, of this wholeness in the spiritual and the fundamental physical one, that we could dispense with all learning, with all mathematics, with all physics because we would know the whole all wrapped up in this consciousness of one. This is the Pythagorean system.

The same premise holds in metaphysics--all things begin with the one. The Lord our God is one. God is one presence, one power, one dynamic activity. We live in the One and we are projections out of this One, that which we call Being, Infinite Mind, God, and divine Love.

#### IN PRINCIPLE WAS THE CREATIVE WORD

We read, "In the beginning was the word, and the word was with God, and the word was God. All things were made through him." In the original, this word was the fundamental concept of *logos*, in the beginning was the logos. To understand this, you have to realize that the word *beginning* is wrongly translated because the word is *in principio*, so the translation..is "in principle" In principle, the word was God. The word. The logos. If we put this in terms of a practical realization today, we know that it says the root of your being is the creative word. You're an outlet from this fundamental, basic consciousness of oneness, which is the root of your being. So is the visible outshowing of a creative flow within you that is connected with the very root process of the universe. Your words are the outpouring of that consciousness.

#### DO NOT PUT INTO WORDS THAT WHICH YOU DO NOT WANT

So it becomes logical that it is simply not good sense to put into words or to formulate into verbalisms that which you really do not want to see manifest in your life...

Since we're verbal creatures, constantly involved in communication with one another, it's vitally important, as the proverb says, to "set thou a seal upon my lips," to really watch the words that come out of our mouths. This takes a lot of discipline because most of us have been totally verbally permissive...We must be watchful that we say the kinds of things we really want to say. The things that we really want to see manifest in our life, not the kinds of things that we impetuously say out of force of habit. And these habit patterns run deep. Most of us have a long list of cliches and habit patterns of speech that we utter over and over again. If we could record our words, listening to ourselves for one day, we would be shocked if we objectively analyzed the kinds of words we were expressing in terms of the positive power of words. We would almost wonder how we could have possibly survived when the power of life and death are in the power of the tongue. Obviously, there is a grace of God involved or we would have a rough time in our lives, because we say so many negative things often in the name of being "realistic."

It's time we came to understand that true realism goes deep beneath the outward manifestation of life. If you're really going to be realistic about yourself, you're going to see yourself not by appearances, as Jesus said, but by righteous judgment. You're going to see yourself in terms of the divine potential that is within you, see yourself in terms of this divine process that is fundamental to you.

## LET SOMETHING GOOD BE SAID

A good rule that I use is to let something good be said...Let something of the God principle, something of the creative logos, something of the One, be articulated so that you can keep your flow and stay related and in focus with this divine process.

One of the ways you can turn your expression from negative to positive is to accept your responsibility in achieving the good you desire....if there's a lot of tension..pressure...bickering...unproductiveness in your place of work, recognize that you are there and you're a part of it...you make the difference...let it begin with you. Let the answer begin to unfold through your consciousness....let's ..be realistic in the sense that if this is ever going to change, it has to start somewhere, and it might as well start through a change in our consciousness, in our attitude.

## oughtness to isness statements

(It's important) to look..beyond the appearance and ..try to get yourself in tune with the creative flow so you can be part of the emerging solution, rather than remaining as part of the problem.(Read 92 for discussion)

Instead of "I feel simply terrible today" we might use oughtness to declare.."I ought to experience health and wholeness, right?...I AM established in health and wholeness now."

Dealing with the problem in a solution-orientated way is...I AM a spiritual being. I AM established in health and wholeness now...let it become so habitual that it becomes the kind of communication that is going to utter forth out of your lips in terms of the things you say about yourself and about your life. Then you're dealing creatively with your problem.

## NOT MY WORDS BUT THE WORDS OF HIM WHO SENT ME.

When you affirm: *I AM a spiritual being. I AM established in health and wholeness now*, you're not saying this to make it true. It's not going to be true just because you say it. This is not what practical metaphysics is all about. It's not saying a lot of platitudes and if you say them long enough they're going to become real. You're actually articulating that which is true in a spiritual , realistic appraisal of life. You're getting your speech into the universal flow, and you're letting the creative *Logos* be informed in your mind and your body and your affairs. Jesus gave us a key, ...He said "the words I speak are not my words, but the words of Him who sent me.."..(he had) gotten himself out of the way ..and allowed the creative logos to express..and to be articulated in the form of (his) words." (Heaven is neither here nor there...it's within you. When (Jesus) looked within, got himself in tune with the realization that he was a creative expression of infinite power...the power flowed forth through his words, through his consciousness, to accomplish that where it was sent. This is a very vital point...We've got a lot (of) ..practical, mundane things to take care of in our own lives, ..employment, keeping your body sound and whole, getting along with coworkers...These are vital things that can be accomplished if we know that the words we speak are not our words, but the words of him who sent us.

## SAY WHAT YOU ARE LISTENING TO

..saying what you're listening to means you must listen before you speak. We tend to speak impetuously or reflexively. We just allow the words to come forth, and we even try to learn by writing all sorts of positive statements so we can exude positive phrases instead of negative cliches. This is a step in the right direction, but this is not the key..not the fulfilling of the power of the positive word.

When you face any kind of a situation in which normally you would come forth with some kind of statement, negative or positive, the important thing is to listen..We need to discipline ourselves to do this...take time to turn within and to listen and see what the infinite process is saying through you. See what your body is really saying. See what your consciousness is really referring to at the deepest possible moment, then speak the creative logos. Remember, there's always a Divine Mind counterpart within you to anything that you experience.

Don't ask God for help. Listen. The Father knows what things you have need of, and he's already of the desire to lead you forth into the fulfillment of those things. This is a process that's already there. Listen. It's the missing link. It's the missing link in practical metaphysics.

#### POWER IN THE DIVINE LOGOS ARTICULATED I WORDS

The fact is that no statement of Truth, no word of itself, has any power in itself. Words do not have power....The words do not have power, but the words can be imbued with power if they are tuned into the creative nonverbal word. The word is that which is nonverbal. It's the divine creative logos. Your words have power according to the attunement of the power that flows forth from within you. If you take an affirmation--(and it is a very powerful device, certainly, the whole affirmative approach is a marvelous metaphysical approach to prayer)...and you speak this word, but you speak it reverently and quietly in the consciousness that this is not your word. Then it's the word of Truth and you're tuning in on it, and you're allowing it to flow like a water faucet is flowing, and you allow the flow to manifest through you....Remember Jesus said avoid vain repetitions...In fact, don't speak it at all. Just think it, but get yourself in tune with the creative flow, and then the word has power because it is imbued...The divine process flowing through human consciousness is articulated through your words

The important thing is that the creative logos is a nonverbal process we articulate in words.

....We're not dealing with the word, the logos. We're dealing with the consciousness, which we project into the words that have meaning to us...All good communication comes from inner communion. ..It takes an acknowledgement of the one within yourself and a recognition of and a tuning in on the one within the other person, so that your communication becomes one-to-one. ..When you're in that consciousness, there will always be understanding. There will always be loving relationships ..There will always be a happy, positive solution to your problems because it's one-to-one. You're tuning in to that basic One, which is the key to the creative process of the universe.

#### DO NOT BE VERBALLY PERMISSIVE

It's important that we see the need toward self-discipline and commitment to be verbally positive and creative.We need to make a concerted effort to clean up our speech to eliminate all the negative cliches of which we have so many and the tendency toward self-effacement. ..

## PROFANITY FRUSTRATES THE CREATIVE LOGOS

It's not simply a matter that four-letter words misrepresent you...they indicate a very low-level of vocabulary...when you have poor vocabulary, there is always poor communication.

...profanity of all kinds, along with a lot of other negations, are an effective frustration of the creative logos without which the spark necessary to happiness and health and prosperity is almost totally lacking. It's something to talk about.

## DRESS UP YOUR WORDS

Paul says, "Stir up the gift of God within you." ...quite often we do not allow our voices to really express what we feel within ourselves. How would you sound if you really were in the flow of life and love and power? How would you project yourself if you really did feel that you were alive, alert, joyous, and enthusiastic about life? This is something that I think we need to consider very seriously in this matter of setting a watch on our lips, stirring up the gift of God within us, and dressing up our speech. Prepare yourself for all conversation, all kinds of communication, with prayer and treatment. Listen within, identify with the inner light, and then with a glow on your face and a sparkle in your eyes and enthusiasm in your manner and tone, let something good be said. Let the positive power of the dynamic creative logos with you be projected into your words. Let the idea of communicating with people, with situations on a one-to-one basis. The One, the dynamic, the divinity within me, salutes and relates to and does business with the One, the dynamic divinity within you. Depth to depth, life to life, and in this way your words will be a part of the divine flow and will never get in the way.