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ALLNESS OF GOD

Metaphysics is not to be studied but practiced.

“The most important part of learning is to unlearn our errors.”

There may..need to be some unlearning because metaphysics is not a thing in and of itself any more than religion is a thing. It's a kind of perception and, like all perceptions, we see them in many ways and at many different levels...Metaphysics is basically a way of seeing life, a way of seeing the universe, a way of seeing spiritual thought. All they can do is deal with abstractions in trying to help us see a little more clearly..We're concerned, essentially, with life...with consciousness, with feelings, with attitudes...We're basically concerned with demonstrating the fruits of the metaphysical system in terms of healthy-mindedness, in terms of greater health of body, greater peace of mind, greater prosperity in our affairs, greater love in our relationships, greater peace in our world...This is the proof. We expect to have that kind of proof, and if it doesn't demonstrate itself, then forget the whole thing.

Interesting discussion here of having the proof...

We have lived out at the circumference (of life), out in human experience. In metaphysical insight, we realize that there is a depth within us. There's something more involved in life, that you can't actually understand life by appearances at the circumference, that you can never really know who you are by looking at yourself in a mirror. There's always something more, something deeper, something richer, something finer.

METAPHYSICS IS PHYSICAL AND REPEATABLE.

We think that metaphysics is not beyond the physical at all but rather a perception of a higher dimension of the physical. Practical metaphysics is the persistent attempt to relate to the reality beyond appearances but as a dimension of that experience. .we always keep the concept of the whole. (read first para pg 4)

All religious systems, all metaphysical systems, are basically a perception, a way of seeing things. There's no such thing as a right or wrong way. The important thing is: It is an experience that I'm involved in right now and therefore, it's right for me....I think of the great metaphysician as Jesus...But...He didn't create the laws. He didn't create the laws of mind action. He didn't create the consciousness of divine love. He discovered them as one of many who had discussed them...(good quote to remember) “Before Abraham was, I am, so don't look to me. Look at that which I am looking at.”

Jesus taught the infinite potential of man and the influence of the Allness of God. He said, “What I have done, you can do.”...Any great demonstration of law is repeatable. We tend to spend too much time looking to the people who demonstrate the law rather than the act of demonstration itself. **Whenever anything is done, it shows that it can be done. The principle is what God has done, God can do, and God can do for you because you are involved in the same infinite law.**

Practical metaphysics deals with what I call a “repeatable Christ.”..Jesus deals with a repeatable Christ, and that’s what we’re involved in --a constant creative process at being in the Christ Consciousness--that’s present at every point in time and space in much the same way as Jesus himself saw it.

WHAT RELIGION REALLY IS

Too often we fail to really get it together, to integrate our religious training in terms of our life experience in the here and now. The word *religion* means “to bind together.”..Religion actually means “unity.”..oneness and “wholeness.” ...” We’re in it and of it all the time.

...If God is present in the church, God is also present in a theater and a casino. God is present, period. God is an omnipresence, everywhere present, so you don’t go to church to get close to God. You go to church...hopefully, to be challenged to dig within yourself and to find that consciousness of the presence that is with you wherever you go; so that wherever you go, wherever you are, God is.

Paul’s sermon on Mars Hill, which you will find in the 17th chapter of Acts..”The God who made the world and everyone and everything in it, being Lord of heaven and earth, does not live in shrines made by man.”

GOD IS AN ALLNESS IN WHICH I EXIST AS AN EACHNESS

The greatest discovery of modern times is that although the life of humankind and the world is incomplete and imperfect--there is a perfect whole. This is true regardless of whether you can see it or feel it. We are forced by a hidden instinct to reunite with parts of the larger heart of the universe...this explains the instinctive urge to know God. From the beginning of time, there has been this compulsion..to find and relate to the transcendence...There’s always been this urge for transcendence...The desire to find and know God quite often misleads us to look for a god or to look for something anthropomorphic, which is personal, a kind of superhuman, which is out there somewhere at some time and space.

God is not a person “out there.” God is a presence that is ever-present and all present or, to put it in its most complete sense, God is an Allness in which I exist and you exist as an eachness...in other words, to use the term expression, “ I am an expression of God.” The word express means “to stand forth.”

I am the Allness or the activity of the love and the substance and the life of God, standing forth at this point.. standing forth *as* me. Make a great mental note of the word *as*. God expresses *as* me...we need to somehow transcend (all the anthropomorphisms that we use for God) all this and get the realization of God as an *Allness* in which I exist as *an eachness*.

The fact is: God is not to be found. God is nowhere. God is N-O-W-H-E-R-E. You can change the whole implication. God is *now here*. God is “nowhere” in the sense that God is nowhere to be found, not a person not a place, not even a being that can be related to in some distinct place in the universe by some special, unique process. **God is a Presence, all presence, all present, now here. The only way I can know God is to know that expression of God. The only way I can know God is to know myself and to find the depth of myself. I will**

suddenly find myself at the point when the Allness of God is expressing itself at the point of me. The ALLNESS expression as an eachness.

THAT WHICH EVOLVES COMES OUT OF THAT WHICH IS INVOLVED

When Genesis says, "In the beginning..." We tend to think in terms of time and space... (read pg 10 and 11 if class wants to go back to this.)

Creation is not forming things out of nothing. In the beginning, Allness. Not the beginning void, but in the beginning, Allness. All things have unfolded out of everything's potential. That which evolves comes out of that which is involved. The involution (involvement) is infinite, which means evolution is also infinite and eternal. The universe has no end in terms of time. It has no end because it has no beginning. More correctly, the beginning refers, basically, to a foundation and the end refers to an intention.

We think of the beginning and the end in terms of space-time. Something starts and something stops. In the beginning does not refer to year zero. It refers to what the philosopher would call the ground, the basis, the fundamental principle ... (read p 12 second para.) "in the beginning, God..." means the foundation, the principle, the process, the evolutionary creation, evolving itself into a creative expression. God now stands out or is expressed by this process, but did not come out of nothing.

YOU ARE THE EXPRESSION OF THE CREATIVE PROCESS

This is so important because it helps us to understand certain things about ourselves. It's the key to healing. It's the key to overcoming. It's the key to the demonstration of prosperity. **No matter what your need or desire, there's a counterpart Allness involved within you and within all things. You can never really be separated from this because you are the expression of the infinite creative process expressing itself as you.**

You may not see yourself in relationship to the Allness, the wholeness, yet you are, whether you know it or not. **You will experience the degree to which you know it, so if you see yourself in part, then you have a partial experience.** Even in the midst of that partial experience, which may be in terms of not enough money or not a good job or poor relationships or physical difficulties, or deformity, ... in every case, this is a partial expression or an experience of the expression of the wholeness, of the Allness. **Even in the midst of that partial expression, there is a counterpart Allness. That's the key to spiritual healing.**

We're told to be still and know that I am God. **Be still and know that I am a fulfilling expression of the Allness of God, that I am whole, that I am complete, that there's a force, a process within me that's ever seeking to express itself because that's what life is.** It's constant in its expression of possibilities. **If I can know this, if I can establish my identity with it, then I'm in the flow of evolution.** In terms of healing and growth and limitless possibilities, they are available to each of us because our wholeness is the fundamental principle that has been demonstrated. That which God has done, God can do.

WHEREVER SPIRIT IS, THE WHOLE OF SPIRIT MUST BE

Thomas Troward's concept,

"Wherever Spirit is at all, the whole of Spirit must be."

The word Spirit here is used as a synonym for God...(or the universe, per Butterworth)

...because Spirit is wholeness...Spirit is omnipresent, the whole of Spirit must be present in its entirety at every point in space at the same time.

In the unity principle, Troward outlines that the whole of Spirit must be present in its entirety at every point in space at the same time..The whole of infinite mind is present at the point of my mind...

There's no point in asking God to give you an idea because God doesn't have ideas.

God is Mind, and God doesn't give ideas. God is the Allness of the infinite mind process, which is present in its entirety at every point in space, which means right here as your mind.

Your mind is open as an extension of, an expression of, an identity with the all-knowing, infinite Mind of God. It's nowhere else..you can't go to church and get any closer (to the Mind of God.) God is in a church simply because people are there....the point is God is here because you're here..That's vitally important. **The whole Spirit, whole of healing, the whole of substance, the whole of guidance, the whole of creativity is present because you're present.**

The Holy Spirit is present and can't be absent because it is all presence, everywhere present, constant. It is present for me because I am present in awareness, because I know it, because I experience it. You don't get it from a group. You don't get it from a shrine. You don't get it from a person. **It comes from the awareness of your own experience, which can never be separated from you.**

GOD AS PRINCIPLE, PRESSING ITSELF OUT INTO LIFE

H. Emilie Cady states in *Lessons in Truth* states.."God is not a being with qualities or attributes, but He (It as Principle) is the good itself coming into expression as life, love, power, wisdom, etc."

In other words, God is not loving,. ..God is love

(Read pg 16 , 17,)

God is the Allness of wisdom Allness that is present in its entirety at every point in space at the same time, so God is present where I am right here, right now.

God is the Allness of life. Healing is the experience of leaving the darkness and coming into the light, leaving the confusion of human consciousness and coming into the Allness, which is always present. The Allness of infinite life is peasant even within the illness. (So God doesn't heal)

The will of God must always be the ceaseless longing of the Creator to express itself in that which it has created. It's a constant. It's a force that is always seeking to press itself out into visibility as life, as wholeness, as success. Read 18 para one important...We're dealing with principle...God is not a healer. God is life, and the whole of life is present in its entirety at every point in space at the same time.

Wherever you are, the Allness of healing life is present...It is not to get God to do something for you, but to be still and know that I am God, to get back to the beginning, to the roots, the foundation. In the beginning, Allness, totality. If we could just realize this and work with this understanding, it would make such a difference in our lives.

YOU ARE A WHOLE EACHNESS OF THAT PRINCIPLE

I am an eachness within the Allness of God and the full power of the whole, or the Allness, is present within every cell of the eachness. The totality of the infinite healing process is present in the tiniest cell of my body (read 18 last para on nature)

God is totality. God is that which expresses in me as what Sinnott calls the natural configuration of the whole, the whole in the part, the whole pattern. St. Augustine, is attributed to saying, "God is a circle whose center is everywhere and whose circumference is nowhere.

What this means is that any point in the universe is the heart of the universe..The universe is not to be understood as a geographical expanse but as a cosmic consciousness, which means the Infinite is present at any point and there is a whole in every part. The whole universe is present at a point and there is a whole in every part. The whole universe is present at the point where you are. Where you are is the very heart of it, the center of it, not somewhere in the outer reaches. The whole universe is as present as you, and you are the very center of it because it is centered at the point where you are.

The seed can become a tree because the tree is in the seed. The egg can become a bird because the bird is in the egg...**You can become what you really desire because your divine potential or,...the Christ, is within you always.** (Read 2nd and 3rd para pg 20 important...not divine intervention , not a new system or class..)

You can do this because your divine potential, the Christ of you, is always present within you as the Allness of the infinite process expressing as you.

THE EFFECT OF YOUR CONSCIOUSNESS

If you think of yourself as only human, then you've totally ruled out the idea of the divine process of you, which is the reality of you...a lot of folks have settled for less than their better selves, usually out of conformity, usually out of rationalization, usually out of an attitude of self-limitation.

..It's not the way you are, but if you think it's the way you are, then it's the way you will be...That's what consciousness is. You can expand your awareness and see yourself in a larger context. Suddenly, you open up to a whole new universe for yourself, and so **Jesus then says, "all things are possible to them that believe" (Mark 9:23).**

All things...perhaps not today, perhaps not tomorrow because it takes us a while to wake up, but all things are possible. Whatever is, is whole, whether you see that wholeness or whether you experience that wholeness or not. That's a marvelous principle to relate to in terms of yourself...Ralph Waldo Emerson says a beautiful thought ... "When you've broken with the God of tradition and ceased from the god of the intellect, then God fires you with His presence. **"When you stop dealing with, relating to, pleading and supplicating from something/someone out there, and get involved in the realization of the wholeness of life, then suddenly you become immersed in the presence of God.** No longer do you believe in

God. Instead you have a believing attitude that is based on the presence of God. **Love, but don't love God--love from the consciousness of the Allness of love. You have the infinite potential of love ever with you, and you can love out of that consciousness. I believe. I have a believing attitude. I believe in the possibilities of people. I believe in my work. I have a believing attitude that relates me with all things in a positive way because I know in the beginning, Allness.**

THE PRACTICE OF THE PRESENCE OF GOD

To practice the Presence is to live constantly as if you believe that the Allness of God were present in all its totality, at every point in space. This means it's present in you, in every experience of your life and every function of your body. That's the practice of the presence. Practical metaphysics, or the practice of the presence of God, is relating all things to the God process and identifying a channel for the Allness. It's getting ourselves in tune and working out of that consciousness.

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HOW TO PRACTICE THE PRESENCE

INVOLVEMENT, THINKING, MEDITATING AND RELATING.

Remember the Allness refers to totality, and the beginning doesn't mean time, it means foundation. **In the beginning, Allness, means right where you are right now, the most important thing to you, the most important thing about your life and your involvement is that you are living in an expression of the Allness of the divine potential, and it's constant.**

The totality of the universe is present where you are.

This is the big starting point.

Allness of mind, the Allness of substance.

In the beginning at the heart and root of your life, the whole process of the infinite activity is present as you. **The important thing is to take some time, especially at the beginning of the day, and as many times during the day as you want, to come back to it and remember to make a practice of starting all things at the beginning.**

The whole of mind, the whole of infinite creativity, is in you and expressing as you in all your plans, all your projects, all your relationships.

...before you start off in the morning...before you do anything, quietly, quickly turn to yourself within and identify as an expression, an eachness, within the Allness that is God. You are the expression of this divine life process. This is to get the most out of your experience.

The whole of life is present in every part of your body as a healing process, sustaining you, blessing you, changing, healing, renewing.

If you are having any kind of physical problem...forget about the limitation of eachness...just let yourself quietly realize Allness...If you are struggling personally or professionally..let go of the

limitation...(know) that the whole of substance of all the universe is present in its entirety at the point where you are...

In your relationships..let go and take a moment to be still and get the feeling of being centered totally and completely in the Allness of infinite love. Feel the love that is constantly loving you because it can't do anything else but love you. As you allow this love to recharge and regenerate you from within, you become more loving and a radiant attractive force for love..

Take time to allow Allness often!! Take time to know the beginning and for realizing not a point in time, but a principle, a foundation, a presence, an activity, Allness, wholeness, completeness, totality, transcendence. In the beginning, Allness.